## **BIWEEKLY RESOURCE PAGES**

(All Times Central, 12/7/2020)

## Iowa LTAP & Guest Speaker Webinars

Local Road Safety Plan Do-It-Yourself Website Overview. *Tuesday, 12/8 at 10:00 AM.* Guest speakers: Hillary Isebrands and Jerry Roche, Federal Highway Administration (FHWA). FHWA recently unveiled a unique site to help local agencies reduce serious and fatal crashes on their roadways. The Local Road Safety Plan Do-It-Yourself Website includes resources local agencies and their partners need to create these lifesaving plans. This webinar will provide an overview of the website to help local agencies create their own local road safety plans. For more information and to register, please go to <a href="https://iowaltap.iastate.edu/events/diy-safety-plan-webinar/">https://iowaltap.iastate.edu/events/diy-safety-plan-webinar/</a>

You Ok? Suicide Prevention Campaign for the Workplace and Stress Management Basics. Friday, 12/11 at 12:00 PM. First Hour: Guest speaker: Dr. Diane S. Rohlman, PhD, University of Iowa. Thirty-three percent of people say they know someone who has died by suicide and as a leader, you play an important role in creating a safe and open atmosphere where employees can feel comfortable talking about sensitive topics such as suicide and mental health. Suicide is the 10<sup>th</sup> leading cause of death in the United States. The suicide rate in the construction industry is 4 times higher than the national average. Learn to recognize the warning signs, start a conversation, and make this topic a part of the safety conservation at your facility. Second Hour: Stress Management Basics introduces the potential impacts of stress on health, ideas on coping strategies to eliminate those negative impacts on your life, and how you can change your mindset to recognize that not all stress is bad and that it can lead to positive health, performance, and social effects. To register, please go to <a href="https://iowaltap.iastate.edu/events/you-ok-suicide-prevention/">https://iowaltap.iastate.edu/events/you-ok-suicide-prevention/</a>

Introduction to Work Zone Crash Modification Factors. Friday, 12/18 at 12:00 PM. Guest speaker: Henry Brown, University of Missouri. This webinar provides an introduction to work zone crash modification factors. It is geared toward engineers and practitioners working for local and state departments of transportation who are interested in learning more about work zone CMFs and their applications to work zone safety analyses. For more information and to register, please go to <a href="https://iowaltap.iastate.edu/events/work-zone-cmf-webinar/">https://iowaltap.iastate.edu/events/work-zone-cmf-webinar/</a>

## Winter Maintenance & Bridge Inspection Workshops

Winter Maintenance Operations Workshop (with the Iowa APWA). Tuesday, 12/15 at 8:30 AM. Guest speakers: Mitch Wood, Iowa DOT; Justin Clausen, City of Ames; Jeff Degner and Kary Obman, Sac County; and Paul Albritton, Iowa LTAP. This workshop will provide much needed information for local agency operations personnel and supervisors in preparation for the upcoming winter season. For more information and to register, please go to <a href="https://iowaltap.iastate.edu/events/winter-maintenance/">https://iowaltap.iastate.edu/events/winter-maintenance/</a>

**Safety Inspection of In-Service Bridges.** 5/10 to 5/21, 2021 at 8:00 AM. A detailed description of this course is on the National Highway Institute website. For more information and to register, please go to <a href="https://iowaltap.iastate.edu/events/2021-safety-inspection-of-in-service-bridges-2-week-nhi-course-130055/">https://iowaltap.iastate.edu/events/2021-safety-inspection-of-in-service-bridges-2-week-nhi-course-130055/</a>

## Webinars by Others

**EDC Virtual Summit.** *Tuesday to Thursday, 12/8 to 12/10 at 12:00 PM.* For more information and to register, please go to <a href="https://www.labroots.com/ms/virtual-event/fhwa-everyday-counts-6-virtual-summit">https://www.labroots.com/ms/virtual-event/fhwa-everyday-counts-6-virtual-summit</a>

**CP Tech Center Webinar Program.** *Tuesday, 12/15 at 12:00 PM.* Concrete Pavement Thickness Design and Slab Geometry. For more information and to register, please go to https://go.acpa.org/cp-tech-center-2020

**Pedestrians and Bicyclists – Designing for all Users (WV LTAP).** Tuesday to Thursday, 12/15 to 12/17 at 9:00 AM (Central). This class provides current information on the design, operations, and maintenance of successful pedestrian and bicycle facilities. Participants will become equipped with information on designing, operating, and maintaining safer, more comfortable, accessible, and connected communities so walking is a viable transportation choice for everyone, including seniors, children, and people with visual, mobility, and other disabilities and that bicycling is a viable transportation choice for people of all ages and abilities. To register, please go to <a href="https://wvu.zoom.us/meeting/register/tJAsc-yopz8uH9Ta7iom2hDVV\_3j32lABxhp">https://wvu.zoom.us/meeting/register/tJAsc-yopz8uH9Ta7iom2hDVV\_3j32lABxhp</a> (Note that because this is being done by WV LTAP, the times on this registration page will be EST.)

Moving FoRRRwD with Safety Action Plans: Statewide, Regional, and Local. Thursday, 12/17 at 12:00 PM. This webinar will discuss how safety action plans can prioritize safety improvements and justify investments decisions. For more information and to register, please go to https://collaboration.fhwa.dot.gov/dot/fhwa/WC/Lists/Seminars/DispForm.aspx?ID=2562