Timely and Effective Treatments for Preserving and Restoring the Condition of Concrete Pavements

> Dan King, P.E. deking@iastate.edu

IOWA STATE UNIVERSITY Institute for Transportation National Concrete Pavement Technology Center



Outline

- Introduction
- Getting Started
- Preservation Treatments
- Local Project Examples

Acknowledgments & Further Information

- Thanks to Iowa DOT & ICPA for their support of this program
- Much more information is available from the CP Tech Center:
 - <u>https://cptechcenter.org/pavement-preservation/</u>
- Special thanks:
 - Jerod Gross, Snyder & Associates
 - Kurt Smith, APTech
 - Max Grogg, APTech
 - Prashant Ram, APTech
 - Kelly Smith, APTech
 - Dale Harrington





WA STATE UNIVERSIT



Introduction

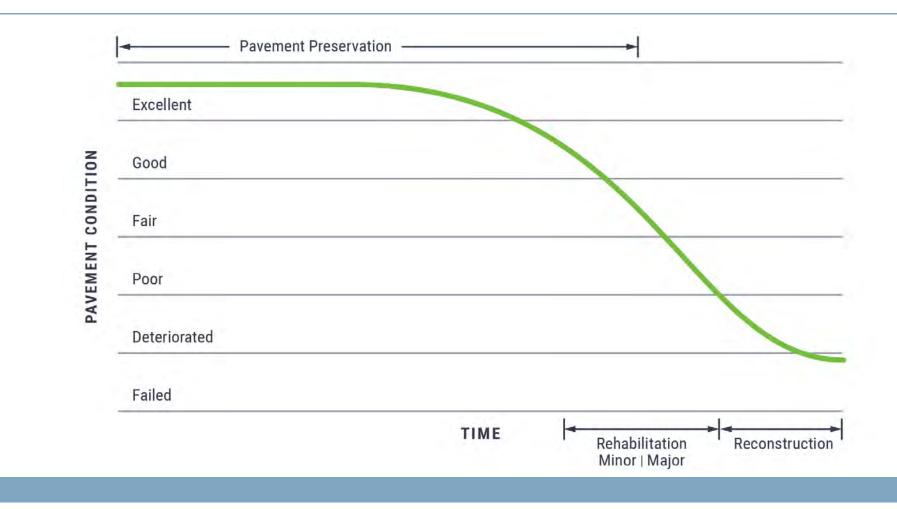
What is Pavement Preservation?

- Proactive approach to managing pavement assets
- Focus on extending pavement life and maintaining or restoring functional condition
- Accomplished using a collection of preservation and rehabilitation treatments

A more recent definition:

Concrete pavement preservation is a strategy of extending concrete pavement service life for as long as possible by arresting, greatly diminishing, or avoiding pavement deterioration processes.

What is Pavement Preservation?



6

What is Pavement Preservation?

- Keys to successful projects:
 - Target the right pavement for receiving preservation treatments
 - Target the right time in the life of the pavement for the preservation treatments
 - Install the treatment effectively so the full benefits are achieved

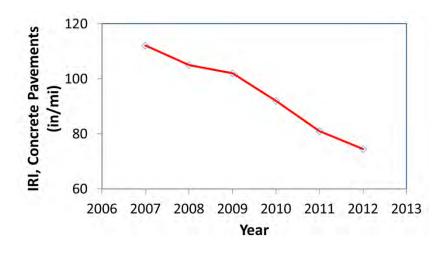




Benefits

- User satisfaction
 - Smoothness
 - Safety
 - Fewer traffic disruptions
- Long-term cost savings
- Sustainability

 Network-level smoothness data from KY after adoption of a diamond grinding program:



Primary Treatments:

- Crack sealing
- Diamond grinding
- Diamond grooving
- Dowel bar retrofit
- Full-depth repair
- Joint resealing
- Partial-depth repair

Additional Treatments:

- Concrete overlay
- Cross stitching
- Slab stabilization
- Slab jacking
- Slot stitching
- Retrofitted edge drains

• Typical performance of selected preservation treatments:

Treatment	Expected Performance (treatment life)	
Slab stabilization	5 to 10 years	
Partial-depth repairs	10 to 20+ years	
Full-depth repairs	20+ years	
Dowel bar retrofit	15 to 20+ years	
Cross stitching	10 to 20+ years	
Diamond grinding	15 to 25+ years	
Joint resealing	8 to 16+ years	
Dowel bar retrofit Cross stitching Diamond grinding	15 to 20+ years 10 to 20+ years 15 to 25+ years	

Getting Started

Evaluating Pavement Condition

- How do we determine if preservation is right for a project and which preservation treatments we should use?
 - Qualitative methods
 - Identify deterioration/distresses
 - Determine causes
 - Quantitative methods
 - Quantity estimates
 - Deterioration rates
 - Life cycle cost analysis



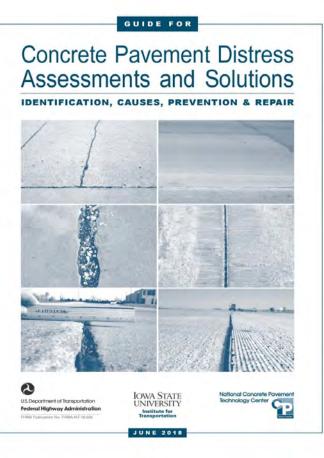
Pavement Distress Survey

- Provides fundamental information on pavement performance
- General indicator of pavement deficiencies and needs
- Identifies needs for additional field testing



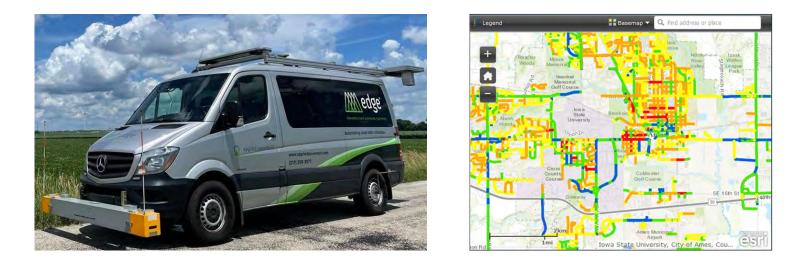
Pavement Distress Survey

- Document pavement condition
- Identify types of distress
- Group areas of similar performance
- Gain insight into causes of deterioration
- Identify additional testing needs
- Identify possible treatment alternatives
- Identify repair areas and quantities



Data Collection

- Automated pavement condition data can be used to identify candidates for preservation
- Allows for planning and programing of preservation activities at a network level



Data Collection

• Example of trigger values for planning preservation activities:

Performance Indicator	Trigger Value	Limit Value	Repair
Trans. Cracking	1.5-2.5% of slabs cracked	5-15% of slabs cracked	Partial, Full, Dowel Bar Repairs
Joint Deterioration	2.0-4.0% of joints	15-20% of joints	Partial-Depth Repair
Joint Faulting	1/8 inch	3/8 – 1/2 inches*	Dowel Bar Retrofit
Roughness	90 in/mi	170 in/mi*	Diamond Grinding

Testing and Sampling

- More detailed information may also need to be collected on-site to inform treatment selection and strategy
- Non-destructive testing can provide many kinds of information
 - Layer thicknesses, material properties
 - Load transfer
 - Location of voids, rebar







Testing and Sampling

- Field sampling may not always be necessary, but can provide valuable information
 - Uncertainty in condition, deterioration depth, thickness of older pavement layers

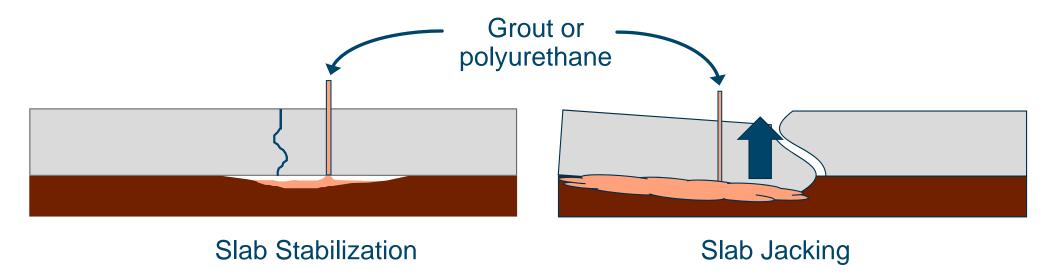




Preservation Treatments

Slab Stabilization and Slab Jacking

 Pressure insertion of polyurethane or grout to fill voids underneath slabs (stabilization) or to raise slabs (jacking)



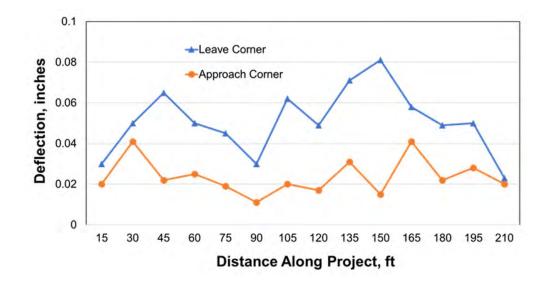
Slab Stabilization

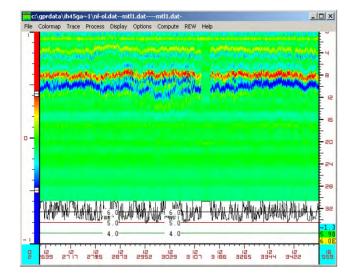
 Addresses issues such as loss of support and pumping/erosion of subbase before they result in significant distresses like faulting or cracking



Slab Stabilization

 Loss of support can be identified from deflection testing, GPR, or visual observation





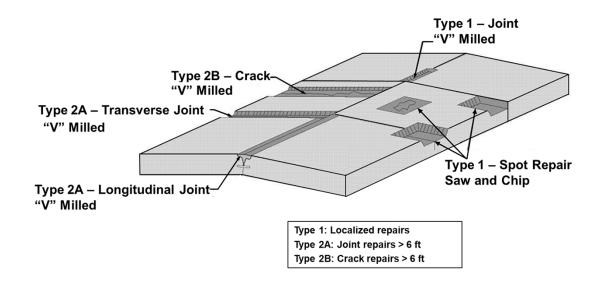
Slab Jacking

- Best for addressing localized areas of settlement
 - Fill areas, culverts, bridge approaches
 - Not a method for addressing joint faulting





- Removal & replacement of shallow areas of deteriorated concrete
 Depth up to 1/2 of slab thickness
- Frequently used to address joint spalling and deterioration





- What makes a good candidate for PDR?
 - Spalling caused by incompressible materials
 - Joint deterioration caused by de-icing chemicals
 - Surface deterioration tied to poor curing or finishing



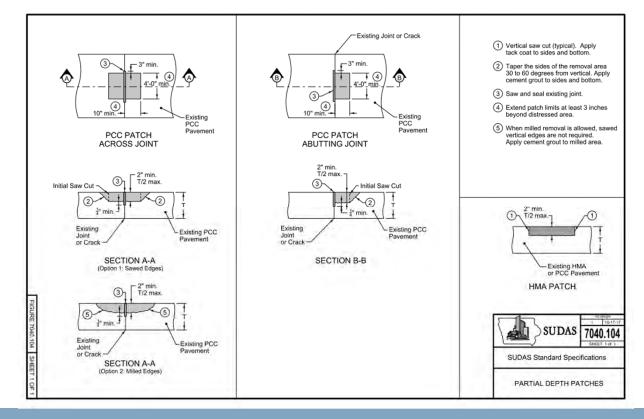


- When is PDR not the right solution?
 - Deterioration greater than 1/2 slab thickness
 - Spalling due to working cracks, dowel bar misalignment, etc.
 - Joint deterioration caused by D-cracking or reactive aggregates
 - In this case, PDR is at best a stopgap measure



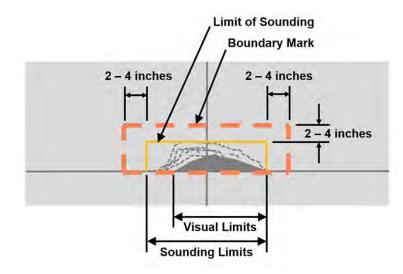


• SUDAS 7040.3.03 & Iowa DOT 2530:



27

- Repair boundaries
 - Determine extent of deterioration by sounding
 - Extend 3 inches outside of unsound areas
 - Combine spalls if closer than 24 inches



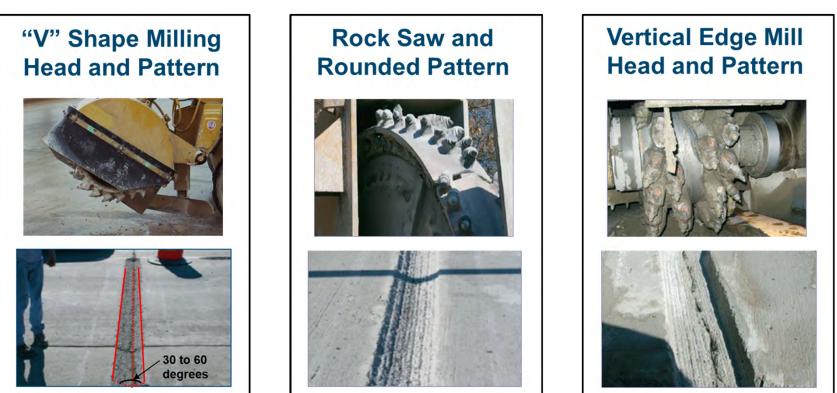


- Pavement removal
 - Saw and patch
 - Chip and patch
 - Mill and patch





• Milling options:



- Select repair materials based on curing time, placement conditions, size and depth of repair, performance requirements
 - Conventional or high early strength PCC
 - Other types of rapid-setting cements
 - Polymer-based materials
 - Bituminous materials







- Construction process
 - Establish a clean, roughened surface
 - Prepare compressible joint re-former for patches at joints
 - Joints can also be re-established by sawing





- Apply bonding agent (cement or epoxy grout) to patch area
 - Ensure the bonding agent doesn't set or dry out
- Place, finish, and cure the repair material
 - Grout edges of the patch
- Re-saw joints (if not using joint re-former) and seal joints
 - Must saw through the full depth of the patch







- Treatment life: 10 to 20+ years
 - <u>Very</u> sensitive to the construction process patches can last a long time, but failures can occur quickly!



Full-Depth Repairs

- Tried and true method of concrete pavement repair
- Best for addressing intermittent structural distresses

Candidate JCP Distresses

Transverse Cracking (M, H)

Longitudinal Cracking (M, H)

Corner Breaks (L, M, H)

Spalling (M, H)

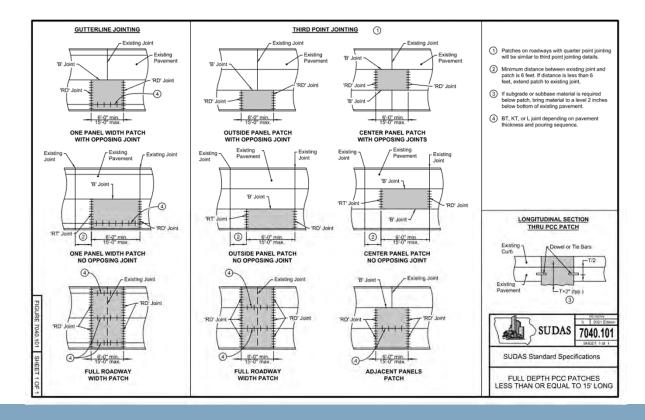
Blowups (L, M, H)

D-Cracking or ASR Deterioration*

* Stopgap measure

Full-Depth Repairs

• SUDAS 7040.3.02 & Iowa DOT 2529:



Full-Depth Repairs

- Capable of extended treatment life of 20+ years
 - Make sure to restore load transfer in doweled pavements
 - Consider the potential tradeoff between using high early strength PCC mixes and the longevity of the repair
 - Cure!





High Early Strength Mixes for Patching

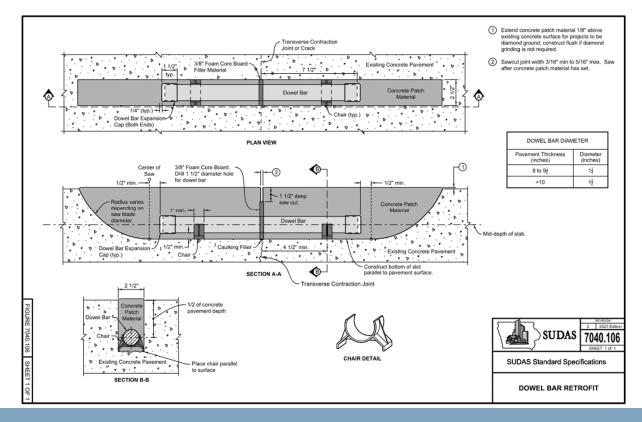
- Class M mix (Iowa DOT IM 529 & section 2529)
 - About 30-40% higher Portland cement content
 - Minimal-to-no use of SCMs
 - Include calcium chloride for overnight opening (5-10 hours)
 - Sacrifices some durability for opening strength in < 24 hours
- Mixes with other types of rapid setting cements (e.g. CSA cement)
 - Combines high early strength with excellent long-term durability
 - Potential for improved patch performance
 - May be logistically challenging to use
 - Expensive

- Installation of dowel bars across transverse joints or cracks
- Improves load transfer, reduces deflections, and corrects and prevents faulting
- Typical repair: 3 to 4 bars in each wheel path





• SUDAS 7040.3.10:

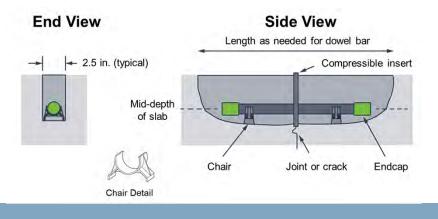


40

- Slot cutting
- Slot preparation
- Dowel bar placement
 - Chairs and compressible insert
- Placement of patching material
- Re-saw joint/crack







- Treatment life: 15 to 20+ years
- Usually combined with diamond grinding to restore and improve pavement smoothness



Image: City of Dubuque

Cross Stitching and Slot Stitching

• Repair methods for longitudinal cracks and joints







Diamond Grinding (and Grooving)

- Diamond grinding
 - Removal of a thin layer of the concrete surface
 - Improves pavement smoothness, surface texture, and noise
- Diamond grooving
 - Creation of channels to reduce potential for hydroplaning





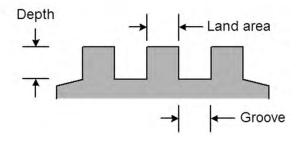
- Can be constructed under mobile single lane closures
- Typical 4 ft grinding head (3 passes/lane)
- Slurry removal process in urban areas





• Blade design:

Parameter	Range	Hard Agg	Soft Agg
Groove Width	0.09 – 0.15 in	0.09 – 0.15 in	0.09 – 0.15 in
Land Area	0.07 – 0.13 in	0.07 – 0.11 in	0.09 – 0.13 in
Depth	0.04 – 0.12 in	0.04 – 0.12 in	0.04 – 0.12 in
No. of Blades	50 – 60/ft	53 – 60/ ft	50 – 54/ft



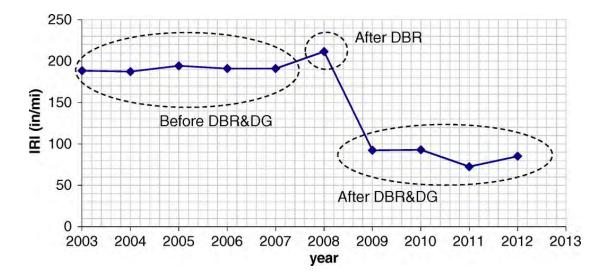
46

• Feathering adjacent to curb using a smaller grinding machine:





- Typically reduces pavement roughness by 15-60%
 - DBR is necessary to truly correct faulting and to ensure the smoothness benefits are long-lasting



- Combines well with other preservation treatments
 - Smooths patching and other irregularities into a consistent surface
- Can have a significant impact on sustainability of the pavement
 - Restoration of pavement smoothness without new using new paving materials
 - Smooth roads improve fuel efficiency and reduce emissions
 - Grinding exposes new concrete to sequester additional CO₂



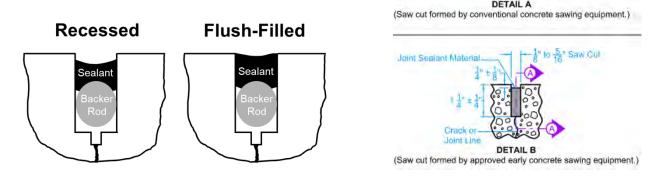
Next Generation Concrete Surface (NGCS)

• Ultra low-noise surface consisting of flush grinding and grooving



Joint Re-sealing and Crack Sealing

- Goals
 - Reduce infiltration of moisture and deicing chemicals
 - Prevent intrusion of incompressible materials
- Variety of materials may be used for sealing
 - For re-sealing, usually hot-poured asphalt or silicone sealant
- "Sealing" vs "Filling"



Joint Sealant Mater

Saw Cu

Grack or Joint Lin

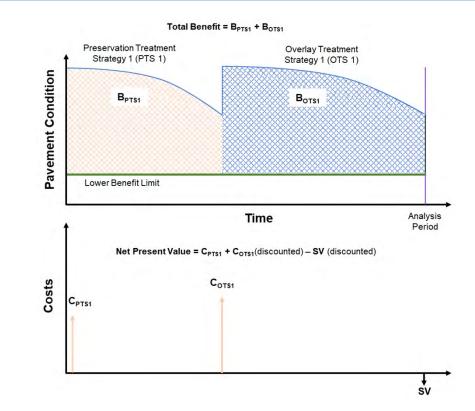
Joint Re-sealing and Crack Sealing

- Treatment life: 8 to 16+ years
- Caution with use of backer rod in cold climates:



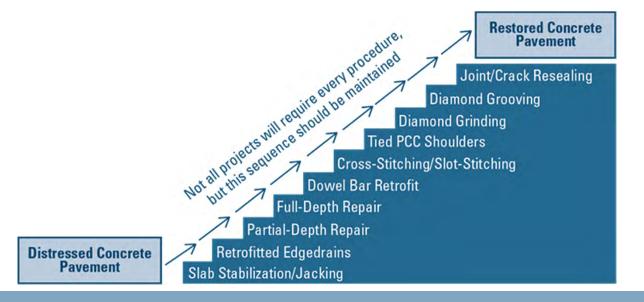
Strategy Selection

- Variety of methods for informing choice of treatment strategies
 - Economic
 - Benefit-cost ratio analysis (BCR)
 - Life-cycle cost analysis (LCCA)
 - Sustainability
 - Life-cycle assessment (LCA)
 - Sustainability rating systems



Strategy Selection

- Construction sequencing
 - Preservation activities can be applied concurrently
 - Proper sequencing is important to maximize the effectiveness of the individual treatments



Local Project Examples

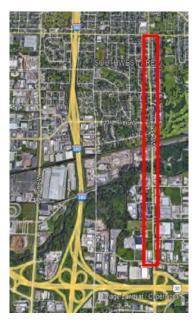
Bowling Street, Cedar Rapids

Background

- 2-mile corridor, 8,000 vpd
- Paving for Progress
- 1979 construction (no dowels)
- Transverse joint faulting
- Safety improvements needed (4 to 3 lane conversion, RR crossing)

Pavement evaluation

- FWD testing
 - Confirmed areas of load transfer inefficiency
 - Confirmed candidate for dowel bar retrofit
- Coring
 - Confirmed deterioration was limited to surface





Bowling Street, Cedar Rapids

Preservation Strategies

- Dowel bar retrofit
 - Did not install in bike lanes
- Cross stitching
- Partial-depth repairs
- Full-depth repairs
- Diamond grinding
- Joint refilling







Bowling Street, Cedar Rapids

- Several preservation treatments
- 4 lane corridor allowed for effective construction staging
- Treatments were properly identified during the design process
- Pre-arranged location for diamond grinding slurry



Background

- 2-mile corridor
- 14,000 18,000 vpd
- 1991-1994 construction (no dowels)
- 8" 10" PCC
- Joint deterioration & transverse joint faulting

Pavement study

 Cores showed distress limited to upper ¹/₂

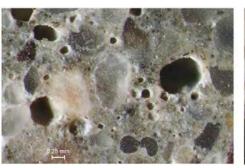








- Pavement study
 - FWD analysis
 - Petrography
 - Lower air content & presence of long-term saturation



Normal entrained air voids



Entrained air voids filled with ettringite

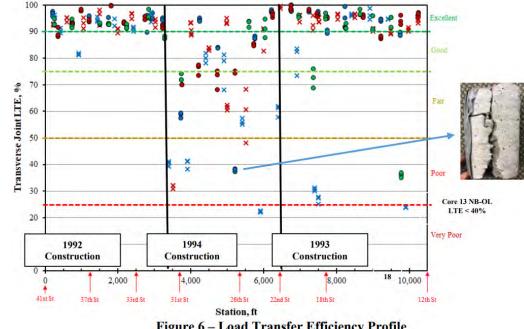


Figure 6 - Load Transfer Efficiency Profile

FWD analysis by Applied Pavement Technology, Inc. Petrography performed by American Engineering Testing, Inc.

- **Preservation Strategies**
- Full-depth repairs
 - Accelerated mixes in intersections
- Partial-depth repairs
 - 3U58M mixture
- Diamond grinding
 - Re-sounding of PDRs after grinding
- Joint re-filling



- Improved pedestrian access and signal crossings
- Improved PCI from 73 to 90





Typical Treatment Costs

- Iowa Public Works Service Bureau
 - Bid Tabulation Report
 - Preservation treatments are in the 7040 range of bid items



Bid Tabulation Report

The Bid Tabulation Report provides an analysis of accepted bids from contractors to cities all across lowa. The data is broken down according to the bid item codes based on the SUDAS Specifications Manual, and turther separated by detail (size, type, thickness, etc.) as needed. The data shown on this landing screene is a summary of bids received across all years. You may right-click on a given tem, hightight "drift-through," and citic 'detail' to see the underlying ine terms for each code, along with a multi-year breakdown of the unit costs of those terms.

All data contained in this report has been submitted voluntarily. To contribute your city's bids, click this link, which will open an email in your default browser. For a video tutorial on how to use the report, click here.

A		E	sid la	abula	tion	Costs	Repo	rt						
SUDAS Item Division			Year		Bi	Bid Item Search					Popula	Population Range, City		
Al		w A	r.		¥ ŝ	entify				2	AL			
Cli	ck to Reset F	filters			X	To view	item deta		t-click it click 'De			rill thre	ough' and	
Bid Item	Item Type	Item Size	Thickness	Min. Price	Median	Max. Price	Weighted	Minimum	Maximum	Layer	Aggregate	Binder	Mix Desig	
			1.000	-	Price		Average Price	Qty.	Qty.		Size	Grade	Level	
•				\$5.25	Price \$75.00	\$1,700.00	Average Price \$37.21	Qty. 2.00	Qty. 3.070.00	-	Size	Grade		
2010-A - Clearing and Grubbing (UNIT)				\$5.25 \$2.500.00			\$37.21	2.00	3.070.00		Size	Grade		
2010-A - Clearing and Grubbing (UNIT) 2010-B - Clearing and Grubbing (AC)					\$75.00	\$63,000.00	\$37.21	2.00	3.070.00		Size	Grade		
2010-A - Clearing and Grubbing (UNIT) 2010-B - Cléaring and Grubbing (AC) 2010-C - Clearing and Grubbing (LS)				\$2,500,00	\$75.00 \$10.390.00	\$63.000.00 \$125.000.00	\$37.21 \$6,933.12 \$14,847.74	2.00	3.070.00 24.30		Size	Grade		
2010-A - 2010-A - Clearing and Grubbing (UNIT) 2010-B - Clearing and Grubbing (AC) 2010-C - Clearing and Grubbing (S) 2010-D-1 - Topsoil, On-site (CY) 2010-D-2 - Topsoil, Compost-amended (CY)				\$2,500,00 \$200.00	\$75.00 \$10.390.00 \$6.900.00	\$63.000.00 \$125.000.00 \$440.00	\$37.21 \$6,933.12 \$14,847.74	2.00 0.04 1.00	3.070.00 24.30 1.00		Size	Grade		
2010-A - Clearing and Grubbing (UNIT) 2010-B - Clearing and Grubbing (LAC) 2010-C - Clearing and Grubbing (LS) 2010-D-2 - Topsoli, On-site (CY) 2010-D-2 - Topsoli, Compost-amended				\$2,500,00 \$200,00 \$3,00	\$75.00 \$10.390.00 \$6.900.00 \$18.00 \$68.50	\$63.000.00 \$125,000.00 \$440.00 \$100.00	\$37.21 \$6,933.12 \$14,847.74 \$7.64 \$57.57	2.00 0.04 1.00 1.00	3.070.00 24.30 1.00 63.006.00 3.305.00		Size	Grade		





Tech Center

Institute for Transportation